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| **PSHE**  **RSE and HE stat objs** | **Aut 1** | **Aut 2** | **Aut 3** | **Aut 4** | **Aut 5** | **Aut 6** |
| Year 1/ 2 A | **Relationships**  **What is the same and what is different about us?**  Ourselves and others; similarities and differences; individuality; our bodies | **Relationships**  **Who is special to us?**  Ourselves and others; people who care for us; groups who we belong to; | **Health and wellbeing**  **What helps us to stay healthy?**  Being healthy; hygiene; medicines; people who help us with health | **Living in the wider world**  **What can we do with money?**  Money; making choices, needs and wants | **Health and wellbeing**  **Who helps us to keep safe?**  Keeping safe; people who help us | **Living in the wider world**  **How can we look after each other and the world?**  Ourselves and others; the world around us; caring for others; growing and changing |
| Year 1/ 2 B | **Relationships**  **What makes a good friend?**  Friendship; feeling lonely; managing arguments | **Relationships**  **What is bullying?**  Behaviour; bullying; words and actions; respect for others | **Living in the wider world**  **What jobs do people do?**  People and jobs; money; role of the internet | **Health and wellbeing**  **What helps us to stay safe?**  Keeping safe; recognising risk; rules | **Health and wellbeing**  **What helps us grow and stay healthy?**  Being healthy; eating, | **Health and wellbeing**  **How do we recognise our feelings?**  Feelings; mood; times of change; loss and bereavement; growing up |
| Year 3 | **Relationships**  **How can we be a good friend?**  Friendship; making positive friendships, managing loneliness, dealing with arguments | **Health and wellbeing**  **What keeps us safe?**  Keeping safe; at home and school; our bodies; hygiene; medicines and household products | **Relationships**  **What are families like?**  Families; family life; caring for each other | **Living in the wider world**  **What makes a community?**  Community; belonging to groups; similarities and differences; respect for others | **Health and wellbeing**  **Why should we eat well and look after our teeth**  Being healthy; eating well, dental care | **Health and wellbeing**  **Why should we keep active and sleep well?**  Being healthy; keeping active, taking rest |
| Year 4 | **Health and wellbeing**  **What strengths, skills and interests do we have?**  Self-esteem: self-worth; personal qualities; goal setting; managing set backs | **Relationships**  **How do we treat each other with respect?**  Respect for self and others; courteous behaviour; safety; human rights | **Living in the wider world**  **How can our choices make a difference to others and the environment?**  Caring for others; the environment; people and animals; shared  responsibilities, making choices and decisions | **Health and wellbeing**  **How can we manage risk in different places?**  Keeping safe; out and about; recognising and managing risk | **Health and Wellbeing**  **How can we manage our feelings?**  Feelings and emotions; expression of feelings; behaviour | **Health and wellbeing**  **How will we grow and change?**  Growing and changing; puberty |
| Year 5/6 A | **Health and wellbeing**  **What makes up our identity?**  Identity; personal attributes and qualities; similarities and differences; individuality; stereotypes | **Health and wellbeing**  **How do drugs common to everyday life affect health?**  Drugs, alcohol and tobacco; healthy habits | **Health and Wellbeing**  **How can we help in an accident or emergency?**  Basic first aid, accidents, dealing with emergencies | **Relationships**  **How can friends communicate safely?**  Friendships; relationships; becoming independent; online safety | **Year Five Every Year**  **Living in the wider world**  **What decisions can people make with money?**  Money; making decisions; spending and saving | **Year Five Every Year**  **Living in the wider world**  **What jobs would we like?**  Careers; aspirations; role models; the future |
| Year 5/6 B | **Health and wellbeing**  **How can we keep healthy as we grow?**  Looking after ourselves; growing up; becoming independent; taking more responsibility | | **Living in the wider world**  **How can the media influence people?**  Media literacy and digital resilience; influences and decision-making; online safety | | **Year Six Every Year**  **Relationships**  **What will change as we become more independent?**  Different relationships; changing and growing, adulthood, independence; moving to secondary school | |